



# Hunterdon County Department of Health

[www.co.hunterdon.nj.us/health.html](http://www.co.hunterdon.nj.us/health.html)



**Public Health**  
Prevent. Promote. Protect.

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## Information about Cloth Face Coverings and COVID-19

April 4, 2020

On April 3<sup>rd</sup> the CDC provided guidance suggesting the use of cloth face coverings for individuals when out in public spaces. This is now being suggested because COVID-19 may spread before individuals know they are sick, or are “asymptomatic” or “pre-symptomatic.”

It is important to note that cloth face coverings do not offer the same level of protection as the facemasks worn by healthcare professionals (such as an N95 mask).

A cloth covering may prevent the spread of the virus to others but may not protect you from getting infected, if others around you are ill.

The use of cloth face coverings is in no way a replacement of the stay-at-home Executive Order put forth by Governor Murphy. Social distancing remains our best preventative measure to slow the spread of COVID-19.

We still ask our residents to continue to do the following:

- Follow the 6-foot social distancing guidelines
- Stay home and away from others
- Wash hands frequently with soap and water or use hand sanitizer with 60% alcohol
- Practice safe respiratory hygiene
- Clean and disinfect frequently touched surfaces daily
- Cloth face coverings should NOT be used on young children under age 2 or by anyone who has trouble breathing

For information, guidance and frequently asked questions concerning the use of cloth face coverings please visit: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html>