



**Hunterdon County Department of Public Safety  
OFFICE OF EMERGENCY MANAGEMENT  
EMERGENCY PREPAREDNESS**

[www.co.hunterdon.nj.us/oem.htm](http://www.co.hunterdon.nj.us/oem.htm)

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**DATED: July 07 & 08, 2012**

EXCESSIVE HEAT WAVE WARNING FROM JULY 7, 2012 AT 12:00 AM TO JULY 8, 2012 8:00 PM  
NATIONAL WEATHER SERVICE MOUNT HOLLY NJ  
312 PM EDT FRI JUL 6 2012

NJZ008>010-012>014-020-026-071000-/ O.UPG.KPHI.EH.A.0007.120707T1600Z-120708T0000Z/  
/O.EXA.KPHI.EH.W.0004.120707T1600Z-120708T0000Z/  
MORRIS-HUNTERDON-SOMERSET-MIDDLESEX-WESTERN MONMOUTH-EASTERN MONMOUTH-OCEAN-COASTAL OCEAN-  
INCLUDING THE CITIES OF...MORRISTOWN...FLEMINGTON...SOMERVILLE...NEW BRUNSWICK...FREEHOLD...SANDY  
HOOK...JACKSON...LONG BEACH ISLAND

312 PM EDT FRI JUL 6 2012

...EXCESSIVE HEAT WARNING IN EFFECT FROM NOON TO 8 PM EDT SATURDAY...

THE NATIONAL WEATHER SERVICE IN MOUNT HOLLY HAS ISSUED AN EXCESSIVE HEAT WARNING...WHICH IS IN EFFECT FROM NOON TO 8 PM EDT SATURDAY. THE EXCESSIVE HEAT WATCH IS NO LONGER IN EFFECT.

\* HEAT INDEX VALUES...BETWEEN 105 AND 110 SATURDAY AFTERNOON DUE TO TEMPERATURES CLOSE TO 100 DEGREES AND DEW POINTS IN THE UPPER 60S TO LOWER 70S.

\* IMPACTS...THESE CONDITIONS INCREASE THE DANGER OF HEAT RELATED ILLNESSES...ESPECIALLY FOR THE ELDERLY... INFIRM... THE VERY YOUNG... AND THOSE IN INNER CITY AREAS THAT DO NOT HAVE AIR CONDITIONING. PETS ALSO ARE SUSCEPTIBLE TO THE HEAT. PREPARE TO REDUCE YOUR AFTERNOON OUTDOOR ACTIVITIES....SPENDING TIME IN AIR CONDITIONED ROOMS.

PRECAUTIONARY/PREPAREDNESS ACTIONS...

AN EXCESSIVE HEAT WARNING MEANS THAT A PROLONGED PERIOD OF DANGEROUSLY HOT TEMPERATURES WILL OCCUR. THE COMBINATION OF HOT TEMPERATURES AND HIGH HUMIDITY WILL CREATE A DANGEROUS SITUATION IN WHICH HEAT ILLNESSES ARE LIKELY. DRINK PLENTY OF FLUIDS...STAY IN AN AIR-CONDITIONED ROOM...STAY OUT OF THE SUN...AND CHECK UP ON RELATIVES AND NEIGHBORS.

TAKE EXTRA PRECAUTIONS IF YOU WORK OR SPEND TIME OUTSIDE. WHEN POSSIBLE...RESCHEDULE STRENUOUS ACTIVITY TO EARLY MORNING OR EVENING. KNOW THE SIGNS AND SYMPTOMS OF HEAT EXHAUSTION AND HEAT STROKE. WEAR LIGHT WEIGHT AND LOOSE FITTING CLOTHING WHEN POSSIBLE AND DRINK PLENTY OF WATER.

TO REDUCE RISK DURING OUTDOOR WORK...THE OCCUPATIONAL SAFETY AND HEALTH ADMINISTRATION RECOMMENDS SCHEDULING FREQUENT REST BREAKS IN SHADED OR AIR CONDITIONED ENVIRONMENTS. ANYONE OVERCOME BY HEAT SHOULD BE MOVED TO A COOL AND SHADED LOCATION. HEAT STROKE IS AN EMERGENCY - CALL 911.