

Senior Health & Fitness Program Presents:
Health & Wellness Lecture Series



Topic: “Seasonal Affective disorder: What is it and what are the symptoms. How does it differ with other mood disorders

Speaker: Alison Thomas-Cottingham, Ph.D
Associate Professor
Department of Psychology
Rider University

Date: Monday, December 12, 2016

Time: 11:30am

Place: Senior Center
4 Gauntt Place
Flemington, NJ

To register, call Eleanor at (908) 284-6128
No Charge! Must be a Hunterdon County resident 60+ to participate
Sponsored by Hunterdon County Division of Senior, Disabilities & Veteran Services