



FREE SENIOR STROLLS



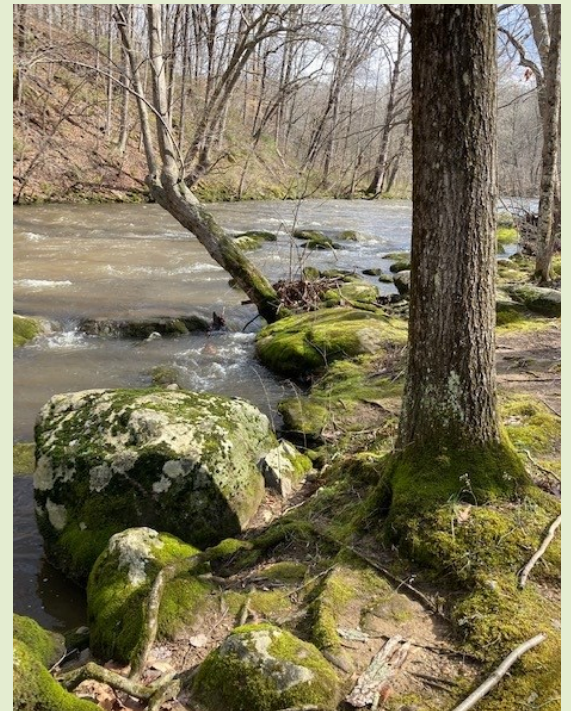
Time: 9:30 AM to 11:00 AM
pre-registration is required

Guided by Liz Braidwood-Fulmer, Recreation Program Coordinator

No restroom facilities available Please wear proper footwear & dress for the weather.

SENIOR STROLL at the COLUMBIA TRAIL <+> Wednesday, June 15
~ Meet at High Bridge Borough's Commons Park: 79 Main Street, High Bridge.
All aboard the High Bridge history express. Let's talk as we walk down the old railroad bed. Walking surface: flat, well-groomed aggregate surface.

SENIOR STROLL at STANTON STATION <+> Wednesday, July 6
~ Meet at 30 Stanton Station Road, Flemington, Raritan Twp
At this stop along the Lehigh Valley Railroad route, there was a train station that still stands after being moved to Echo Hill Park, & a general store. We will get some fresh air, exercise and a bit of history as we meander along the South Branch of the Raritan River. Walking surface: undulating river trail and mowed grass path, sometimes wet.



SENIOR STROLL at POINT MOUNTAIN <+>
Wednesday, August 24
~ Meet at 80 Point Mountain Rd, Lebanon Twp.
Stroll along the Musconetcong River and the conversation about old mills and adds to the fun. Walking surface: flat twisty well-worn dirt trail, some rocks with roots..

To Register: <https://www.co.hunterdon.nj.us/depts/parks/parks.htm>
(click) **PROGRAMS AND EVENTS**, (scroll down) **PROGRAM REGISTRATION FORM**
PRINT & MAIL: **PROGRAM REGISTRATION FORM, MEDICAL FORM & WAIVER**
to Hunterdon County Parks & Recreation, PO Box 2900, Flemington, NJ 08822



SPONSORED BY A PARTNERSHIP BETWEEN:
HUNTERDON COUNTY DIVISION OF PARKS & RECREATION
& THE DIVISION OF SENIOR DISABILITIES & VETERAN SERVICES
Any questions call (908) 782-1158 or email, parks@co.hunterdon.nj.us