



**Board of County Commissioners**

County of Hunterdon  
71 Main Street, Building #1  
PO Box 2900  
Flemington, NJ 08822-2900

**MEDIA RELEASE**

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**FOR IMMEDIATE RELEASE**

**DATE: January 21, 2022**

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## **Hunterdon Commissioners Approve Major Grant Funding To Keep 'Wheels' Turning**

### **Six Meals On Wheels Programs Funded For Next Three Years**

Meals On Wheels Hunterdon, an invaluable service for homebound seniors which delivers over 30,000 meals annually, was approved for major grant funding for a three-year period by the Hunterdon County Board of Commissioners, at the January 18<sup>th</sup> meeting.

Hunterdon County Board of Commissioners Director John E. Lanza said, "The Meals on Wheels program has functioned throughout the pandemic, which has not been an easy feat. Homebound individuals rely upon this service and could not maintain their lives without volunteers who bring hot, nutritious meals to their front door."

Commissioner Shaun C. Van Doren, the Board's liaison for the Human Services Department, stated, "The fact that Meals on Wheels can deliver a nutritious meal is only the beginning of the program's value. These meals help to protect the health of our most vulnerable seniors. Simply put, without community nutrition services many would not have access to healthy foods.

This helps seniors stay in their home and to stay out of expensive assisted care in a facility. And while it is certainly not the primary consideration, the many positive health outcomes of receiving a meal at home also translates to healthcare savings and taxpayer's savings."

For more than thirty years the non-profit organization has been working with dietitians to bring these healthy, balanced meals to county residents in need. None of which would be possible without a steady stream of dedicated volunteers.



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“The Board extends our thanks to the many volunteers who serve in the Meals On Wheels program, delivering meals throughout Hunterdon County. The delivery program allows seniors to retain dignity and self-sufficiency; it truly is a service that provides more than just food to individuals,” Lanza said.

Programs covered by the grant include; Nutrition Counseling, Supplemental Home Delivered Nutrition program, Home Delivered Nutrition program (Daily), Congregate Nutrition program, Weekend Home Delivered Meals program, and Nutrition education programs.

Over the three-year period covered by the approved resolutions, the cost of the six Meal on Wheels programs is over \$793,000 – completely funded by the federal Area Plan grant.

To learn more about or volunteer with Meals On Wheels Hunterdon visit <https://mowih.org/>, call (908) 284-0735 or email [info@mowih.org](mailto:info@mowih.org).